

Position Number	Runner Name	Finish Time (Seconds)	Handicap	Running Time	Time total (secs)	Average secs / km	Average Mins / km	Finish Time	Race Points
1	Andrew Turner	3680	1693	1987	1987	243.206854	4.05344757	01:01:20	100
2	Neil Gwatkin	3697	1128	2569	2569	314.452848	5.24088081	01:01:37	99
3	Emily Durant	3724	145	3579	3579	438.017372	7.30028953	01:02:04	98
4	Rob Fleming	3735	1693	2042	2042	249.976745	4.16627908	01:02:15	97
5	Cliff Pay	3739	1312	2427	2427	297.114892	4.95191486	01:02:19	96
6	Heather Baker	3742	1258	2484	2484	304.024491	5.06707484	01:02:22	95
7	Matt Gregory	3743	1747	1996	1996	244.344202	4.07240336	01:02:23	94
8	Nicola Thorneycroft	3757	1439	2318	2318	283.72093	4.72868217	01:02:37	93
9	Tom Frost	3764	1690	2074	2074	253.909035	4.23181725	01:02:44	92
10	David Brown	3764	1663	2101	2101	257.108626	4.28514377	01:02:44	91
11	Alan Hall	3766	1663	2103	2103	257.405141	4.29008568	01:02:46	90
12	Jayne Jefferies	3774	1304	2470	2470	302.33877	5.03897949	01:02:54	89
13	Laura Armstrong	3780	1085	2695	2695	329.890763	5.49817939	01:03:00	88
14	James Lathwell	3783	1746	2037	2037	249.356762	4.15594603	01:03:03	87
15	David Reid	3789	1901	1888	1888	231.089088	3.8514848	01:03:09	86
16	Andy Paton	3807	1641	2166	2166	265.167746	4.41946243	01:03:27	85
17	Kate Parker	3822	1374	2448	2448	299.603073	4.99338455	01:03:42	84
18	Laura Harding	3831	535	3296	3296	403.461353	6.72435588	01:03:51	83
19	Gemma Sills	3838	1463	2375	2375	290.654276	4.84423794	01:03:58	82
20	Laura Rogers	3844	1097	2747	2747	336.20554	5.60342566	01:04:04	81
21	Liane H-S	3860	970	2890	2890	353.776887	5.89628145	01:04:20	80
22	Steve Clay	3860	266	3594	3594	439.860185	7.33100308	01:04:20	79
23	John Collis	3865	1539	2326	2326	284.737733	4.74562889	01:04:25	78
24	Jacqui Waddell	3876	999	2877	2877	352.190075	5.86983458	01:04:36	77
25	Stu Lavalette	3897	1105	2792	2792	341.732109	5.69553515	01:04:57	76
26	Annett Heistch	3945	1194	2751	2751	336.708717	5.61181194	01:05:45	75
27	Alex Baker	4187	233	3954	3954	483.992874	8.0665479	01:09:47	74